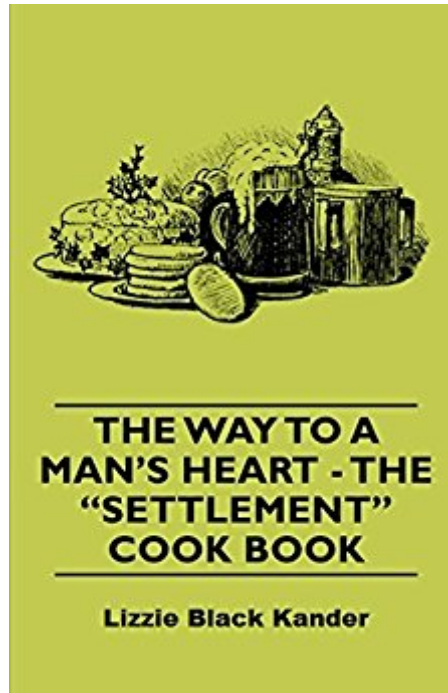




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# The Way To A Man's Heart - The Settlement Cook Book



## Synopsis

Originally published in 1903, this cook book features authentic American recipes, European cooking, and Jewish favourites. It was put together by the cooking students at the Milwaukee Settlement House and was an important staple of the American kitchen for more than fifty years.

Contents Include: Rules for the Household Beverages Cold Drinks Fruit Syrups Bread Toast Kuchen Mixtures with baking Powder Fried Cakes Cereals Eggs and Omelets Soups Fish Sauces for Fish and Meat Meat Veal Warmed Over Meats Poultry Vegetables Warmed Over Potatoes Vegetables Sauces for Vegetables Salads and Salad Dressings Salads Entrees Chafing Dishes Custards, Puddings and Pudding Sauces Puddings Hot Puddings Pudding Sauces Ice Cream and Frozen Puddings Sherbet Frozen Puddings Pastry Pies Cakes Sponge Cakes Tortes Cake Frostings and Fillings Cookies Kisses Confections Luncheon and Picnic Dainties Cooking, Preserving, Canning Fruit Jelly Preserves Pickling

## Book Information

File Size: 3645 KB

Print Length: 224 pages

Publisher: Vintage Cookery Books (April 16, 2013)

Publication Date: April 16, 2013

Sold by:Â Digital Services LLC

Language: English

ASIN: B005UNY9L8

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #459,508 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #32

inÂ Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Regional & International > U.S. Regional > West #121 inÂ Books > Cookbooks, Food & Wine > Regional & International > U.S. Regional > West #203 inÂ Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Gastronomy > History

## Customer Reviews

Ok, so it will be a bit outdated to us, but it is also fairly scientific in its approach to nutrition.

Definitely a great cultural exploration piece, and some gooooooood looking food! So cook, read, have a party themed around it (seriously - hosting one based on these guidelines would be very interesting and fun!), and enjoy.

It wasn't the one I'm looking for; the one that my mom had with numerous old Jewish recipes she made at home.

This is a very abbreviated copy of the original. I was very disappointed as I bought it for my daughter and wanted the same copy that was given to me....by my Mom.....years ago. Not even half the size!

Unless you have special dietary preferences/requirements (e.g., diabetic, low carb, vegetarian, etc.) this is a terrific basic cookbook. My mother (who fed everyone delicious and hearty meals for many decades) used this cookbook almost exclusively, albeit she only cooked from written recipes about 1/3 of the time. I have inherited her 1954 printing (third edition I think) of this essential culinary document and it's as good today as it was during the Eisenhower years. The original printing was published at around the turn of the 19th-20th Century. I call this a "meat and potatoes" cookbook (TONS of recipes) although there's a lot in here beyond those two major ingredients -- but you know what I mean. The reader will also note that it contains a huge number of recipes which make use of nutritious root vegetables (which we have unfortunately gotten away from in recent years) such as parsnips and turnips. If you like eastern European food this book offers a particular wealth of superb recipes for those dishes too. I would especially recommend "The Settlement Cook Book" to those who are just beginning to learn about cooking. This would make a great "first cookbook" and a nice gift for newlyweds. I have yet to discover a marginal recipe in this tome of culinary knowledge. One of the features which I like most includes the nicely illustrated "meat charts" for beef, pork, and sheep/lamb. These line drawings are quite informative as to every available cut of meat, a topic which can be quite confusing as one peruses all the roasts, steaks, ribs, sausages, and burger in the meat case at the grocery store. Recipes for all these meat entrées are featured herein. My highest recommendation for both home cooks and chefs.

History written down for young ladies from yesteryear. Usually passed down from mother's to their daughters, this book has etiquette, meal serving tips, and good solid recipes. I am interested mostly in the desserts but the whole book is a good historical read.

My copy wasn't purchased here. I inherited the copy of the 1945 edition which my mother was given when she married my father in 1947. I use it all the time. It has recipes from scratch for classic dishes like chicken croquettes, chicken a la king, and matzos meal pancakes which I use all the time. My mother used the recipe for cheese blintzes for her entire adult life, and the whole family loved them.

This is one of the cookbooks I began married life with nearly 30 years ago. I have my mom's copy that she got waaaaaaaaaaaaaay back. You'll love it and appreciate all the more that you can buy mayo ready made - or, who knows, you may prefer made from scratch!

I received this book as a gift about 15 years ago & it is by far my most often used. It was originally copyrighted in 1901 & has been revised many times, however many of the recipes still appear as they did then. Recipes range from the very simple (scrambled eggs or grilled cheese sandwiches) to exotic (Fondue Bourguignonne). It will take you from breakfast to an after dinner cordial - all from scratch. Recipes are easy to follow. Basic equivalents (i.e. 2.20 pounds = 1 kilo) & substitutions make converting any recipe easy. And it contains much more than just recipes. There are menu planning ideas, freezing, canning & dehydrating charts, special diet recipes, & even a stain removal guide! This is a great book for the beginning cook or someone that needs a bit of everything all in one place.

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